

---

Mountain Legal  
1616 17th Street  
Denver, CO 80202  
(303) 862-1061

Contact: Nathaniel Baca  
nbaca@mntnlegal.com  
[www.mtnlegal.com](http://www.mtnlegal.com)

# + Overcoming Challenges

## Addiction and Mental Health Resources in Denver Colorado

A List of Providers in the Denver area who focus on Alcohol Treatment, Substance Abuse Treatment, Addictions, and Mental Health.

Prepared for:

**General Release**

Proposal Issued:  
August 25, 2014

### Statement of Use

These materials may be printed or photocopied for personal or commercial use. The information presented in this document is for informational purposes only and should not be construed to be formal legal/medical advice nor the formation of a lawyer/client relationship or a doctor/patient relationship. For advice related to your specific situation, please speak with the appropriate professional.

## Table of Contents:

### \* **Overview**

General Information about Substance Abuse and Mental Health as well as the goals of this guide.

### \* **Treatment is Proven to Help**

Treatment Has Been Shown to Reduce Rates of Recidivism and Relapse to a much greater degree than Incarceration

### \* **Providers Treating Alcohol Abuse**

A List of Providers who Specialize in Treating Alcohol Abuse

### \* **Providers Treating Substance Abuse**

A List of Providers who Specialize in Treating Substance Abuse

### \* **Providers Specializing in Youth**

A List of Providers who Specialize in Youth Treatment

### \* **Providers Treating Mental Health**

A List of Providers who Specialize in Treating Mental Health Issues

### \* **Providers Descriptions**

More Detailed Information on each of the Providers Listed Above

### \* **Who We Are**

A description about the organization that published this guide.

---

# Overview

Mountain Legal | Addiction and Mental Health Resources

**+ We hope that you can use this resource to find help, overcome addictions, realize your abilities, cope with stresses, and live productively.**

The World Health Organization (WHO) describes Health as “a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”. Health is what we hope you can find with the appropriate provider.

Maintaining good mental health is crucial to living a long and healthy life. Good mental health can enhance one's life, while poor mental health can prevent someone from living an enriching life.

According to the Research, people who lack emotional expression are inclined to anti-social behaviors. These behaviors are a direct reflection of their mental health. Additionally, self-destructive acts may take place to suppress emotions. Some of these acts include drug and alcohol abuse, physical fights or vandalism. We want you to overcome this.

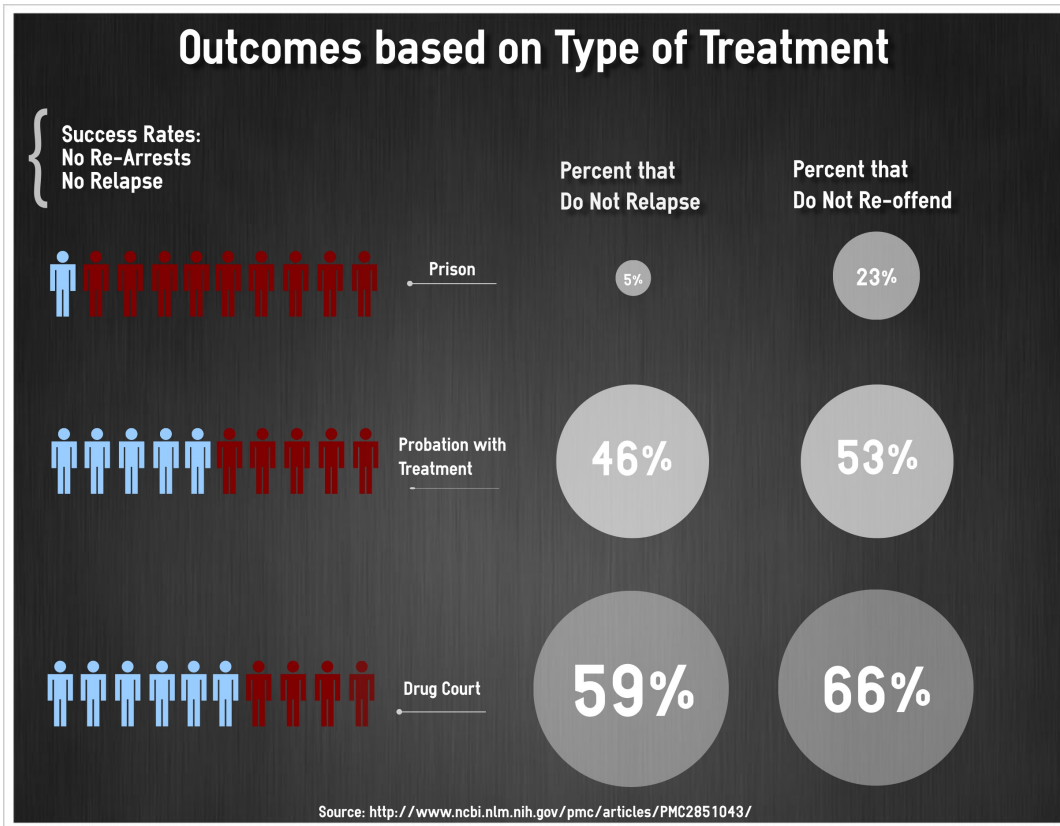
In the pages that follow, we discuss Health Providers and Treatment Centers in the Denver area.

There are numerous resources available to you in the Denver area. We realize that it can be daunting to try to find the one that is right for you, which is why we created this guide.

We hope that this guide will help you to break through the clutter and better understand the resources that are available to you so that you can choose the resources and types of help that make the most sense for you and your circumstances.

# Treatment is Proven to Help

## Treatment Reduces Recidivism and Relapse



# Alcohol Treatment Providers

## Find a Treatment Provider for Alcohol

### List of Alcohol Treatment Providers in the Denver Metro Area

Provider Name	Phone Number	URL
Action Counseling	303-429-7144	<a href="http://actionfoundation.net">actionfoundation.net</a>
Alcohol Behavior Information, Inc.	303-368-8702	<a href="http://abicolorado.org">abicolorado.org</a>
Amino Kit	720-600-1043	<a href="http://aminokit.com">aminokit.com</a>
Arapahoe House	303-412-3818	<a href="http://arapahoehouse.org">arapahoehouse.org</a>
Broadway Counseling Services	303-733-8784	<a href="http://broadwaycounseling.com">broadwaycounseling.com</a>
CADREC	303-295-2521	<a href="http://cadrec.org">cadrec.org</a>
Colorado Assessment and Treatment Center	303-757-6019	N/A
Colorado Moves Counseling Center	303-934-7050 ext 100	<a href="http://coloradomovescounseling.org">coloradomovescounseling.org</a>
Empowerment Program (Women Only)	303-320-1989	<a href="http://empowermentprogram.org">empowermentprogram.org</a>
The Haven (Women Only)	303-761-7626	<a href="http://havenfriends.org">havenfriends.org</a>
Healing Life's Pains	720-275-3383	<a href="http://healinglifespains.com">healinglifespains.com</a>
Heritage Counseling Center	720-748-0523	<a href="http://heritagecounselingcenter.com">heritagecounselingcenter.com</a>
IDEA	303-477-8280	<a href="http://ideacares.com">ideacares.com</a>
Mile High Behavioral Healthcare	303-825-8113	<a href="http://milehighcouncil.org">milehighcouncil.org</a>
Peer 1 (Men Only)	303-761-2885	<a href="http://arctreatment.com">arctreatment.com</a>
Spanish Clinic	303-934-3040	<a href="http://spanish-clinic.com">spanish-clinic.com</a>
Transition and Recovery, A Counseling Center	303-750-0614	N/A

# Drug Treatment Providers

## Find a Treatment Provider for Substance Abuse

### List of Drug Treatment Providers in the Denver Metro Area

Provider Name	Phone Number	URL
Arapahoe House	303-412-3818	<a href="http://arapahoehouse.org">arapahoehouse.org</a>
Broadway Counseling Services	303-733-8784	<a href="http://broadwaycounseling.com">broadwaycounseling.com</a>
CADREC	303-295-2521	<a href="http://cadrec.org">cadrec.org</a>
Colorado Assessment and Treatment Center	303-757-6019	N/A
Colorado Moves Counseling Center	303-934-7050 ext 100	<a href="http://coloradomovescounseling.org">coloradomovescounseling.org</a>
Correctional Psychology Associates	(720) 854-0262	<a href="http://corrpsych.com">corrpsych.com</a>
DAYS - Denver Area Youth Services	303-689-2300	<a href="http://denveryouth.org">denveryouth.org</a>
Empowerment Program (Women Only)	303-320-1989	<a href="http://empowermentprogram.org">empowermentprogram.org</a>
The Haven (Women)	303-761-	<a href="http://havenfriends.org">havenfriends.org</a>

Only)	7626	
IDEA	303-477-8280	ideacares.com
Independence House	303-455-7667	ind-house.com
Mile High Behavioral Healthcare	303-825-8113	milehighcouncil.org
Peer I (Men Only)	303-761-2885	arctreatment.com
Spanish Clinic	303-934-3040	spanish-clinic.com
Transition and Recovery, A Counseling Center	303-750-0614	N/A
Turning Points Mental health	303-730-8858	<a href="http://www.admhn.org/Services/ChildAdolescentFamily.aspx">http://www.admhn.org/Services/ChildAdolescentFamily.aspx</a>

# Youth Providers

## Find a Treatment Provider who specializes in working with Youth

### List of Youth Treatment Providers in the Denver Metro Area

Provider Name	Phone Number	URL
CADREC	303-295-2521	cadrec.org
DAYS - Denver Area Youth Services	303-689-2300	denveryouth.org
IDEA	303-477-8280	ideacares.com
Mile High Behavioral Healthcare	303-825-8113	milehighcouncil.org
Turning Points Mental health	303-730-8858	<a href="http://www.admhn.org/Services/ChildAdolescentFamily.aspx">http://www.admhn.org/Services/ChildAdolescentFamily.aspx</a>



# Mental Health Treatment Providers

## Find a Mental Health Treatment Provider

### List of Mental Health Treatment Providers in the Denver Metro Area

Provider Name	Phone Number	URL
Action Counseling	303-429-7144	<a href="http://actionfoundation.net">actionfoundation.net</a>
Colorado Assessment and Treatment Center	303-757-6019	N/A
Colorado Moves Counseling Center	303-934-7050 ext 100	<a href="http://coloradomovescounseling.org">coloradomovescounseling.org</a>
Correctional Psychology Associates	(720) 854-0262	<a href="http://corrpsych.com">corrpsych.com</a>
The Haven (Women Only)	303-761-7626	<a href="http://havenfriends.org">havenfriends.org</a>
Independence House	303-455-7667	<a href="http://ind-house.com">ind-house.com</a>
Mile High Behavioral Healthcare	303-825-8113	<a href="http://milehighcouncil.org">milehighcouncil.org</a>
Turning Points Mental health	303-730-8858	<a href="http://www.admhn.org/Services/ChildAdolescentFamily.aspx">http://www.admhn.org/Services/ChildAdolescentFamily.aspx</a>

---

## Action Counseling

**Contact:**

7290 Samuel Drive, Ste 130  
Denver, CO 80221  
Phone: (303) 429-7144

### Who we are

We are a group of agencies and counselors dedicated to making a wide range of psychological services available to economically and otherwise disadvantaged members of the community at an affordable cost. We are committed to facilitating reintegration into the community through creative employment and education interventions. We truly believe that you have the inner strength and wisdom to have the life you want. In our work together, we will help you tap into that wisdom and develop it further.

We have counselors who specialize in different treatment, general mental health and wellness areas including: domestic violence treatment, drug and alcohol therapy, crisis and trauma therapy, and couples or family counseling.

### Programs:

- Mental Health

---

- Domestic Violence

---

- DUI/DWAI Classes

## Alcohol Behavior Information, Inc.

**Contact:**

1602 S. Parker Rd., #110  
Denver, CO 80231  
Phone: (303) 368-8702  
Email: info@abicolorado.org

### Who we are

ABI (Alcohol Behavior Information) has been licensed in the state of Colorado for over 30 years providing treatment to those referred to us by the courts for alcohol and/or drug offenses. ABI is a comprehensive instructional and motivational outpatient treatment program with emphasis on effecting change in negative behaviors and practices of those referred to our agency.

ABI has served our community providing information to schools and other organizations regarding the effects and dangers of drinking and driving, as well as the disruptions caused by the use of Alcohol and/or other drugs.

Our staff is highly qualified and our therapist are licensed by the Colorado Department of Regulatory Agencies with years of experience in the substance abuse field. ABI respects the dignity of all our clients. Our objective is to listen, acknowledge, and focus our clients in a positive direction to avoid negative consequences caused by alcohol or drug use, abuse, or addiction.

### Programs:

- Level I Education
- Level II Education
- Level II Education Track A
- Level II Education Track B
- Level II Education Track C
- Level II Education Track D
- Domestic Violence
- Anger Management
- Urine Screening
- Breath Testing
- Offender Treatment
- Drug & Alcohol Evaluation

---

## Amino Kit

**Contact:**

10099 Ridgegate Pkwy., Ste. 330  
Conifer Building  
Lone Tree, CO 80124  
Phone: (720) 600-1043

### Who we are

At Aminokit Labs, we take pride in our multi-faceted philosophy. We understand that substance abuse is a complex disorder that is difficult to treat single-handedly. We don't hold our patients at fault for their addiction and understand that addiction is not their fault. Our treatment program fuses traditional techniques for substance abuse with cutting-edge medical interventions for repairing neurotransmitters, and normalizing the brain's chemistry through a practice known as amino acid intravenous therapy.

### Programs:

- DUI Classes

---

- Drug Rehab

---

- Medical Detox

---

- Addiction and Addiction Treatment

---

- Accupuncture

---

## Arapahoe House

**Contact:**

8801 Lipan Street  
Thomton, CO 80260  
Phone: 303-412-3818 Email:  
info@ahinc.org

### Who we are

Arapahoe House provides alcohol & drug treatment programs in Colorado and mental health services to vulnerable individuals and families. Since 1975, Arapahoe House has been empowering members of our community to find help, hope and healing from drugs and alcohol. Today, we help more than 15,000 members of our community every year. With 13 rehab centers in Colorado and more than 20 specialized services, Arapahoe House is Colorado's leading nonprofit provider of affordable drug and alcohol treatment and associated behavioral health services. We provide substance use disorder treatment for women and their children, teens, adults and families to help save and rebuild lives.

### Programs:

- Outpatient Rehabilitation
- Residential Rehabilitation
- DUI
- Detox

---

## Broadway Counseling Services

**Contact:**

701 S. Logan Street, Ste 105  
Denver, CO 80209  
Phone: (303) 733-8784

### Who we are

Broadway Counseling Services ( BCS ) is certified and licensed by the State of Colorado Department of Human Services Division of Behavioral Health. Our courses are designed to facilitate Colorado legislation which mandated the courts to require persons convicted of alcohol or drug related driving offenses to complete a state approved treatment program. Our goal is to deliver the highest quality, affordable and effective treatment for those with alcohol and or drug / chemical problems.

During our initial intake process clients will be identifying issues directly related to their alcohol and or drug / chemical dependency thoughts, feelings and behaviors. The primary focus of the intake process is to obtain an insight into the patterns, habits, physical health, family life, social environment, denial or any other underlying core issues that may be affecting the client's life and well-being.

Broadway Counseling Services ( BCS ) supports evidence-based prevention strategies aimed at reducing, preventing and overcoming alcohol and other drug related problems. Our weekly group counseling sessions, as well as individual counseling is

### Programs:

- Alcohol and Drug Treatment

designed to help clients manage cravings, stabilize their lifestyle and support the continuing needs that the client identified in their initial intake process.

Our Director, Mary L. Patel CAC III and our qualified staff of counselors have the experience and background to be able to serve our clients with integrity, empathy and a caring spirit, free of bias and with respect for the individual.

Broadway Counseling Services ( BCS ) has been providing alcohol and drug counseling treatment services in the Metro Denver area for over 18 years for persons charged with or convicted of DUI / DWI / DWAI / DUID or MIP. Our main facility is located in Denver very close to bus and light-rail lines. To better serve our clients, community and the courts, we opened a second location in Englewood in 2009 which is also very close to bus and light-rail lines. And now in 2011 we have opened a new Northglenn facility which is a very short distance from the Wagon Road RTD Park-n-Ride location to serve the residents north of the Metro area.

---

## **CADREC - Community Alcohol, Drug, Rehabilitation and Education Center**

**Contact:**

3315 Gilpin St.  
Denver, CO 80205  
Phone: 303-295-2521

### **Who we are**

CADREC's mission is to serve and empower individuals and families through education and counseling in order to modify violent and addictive behavior.

CADREC provides basic addiction treatment services of the treatment to adult individuals, youth, and families on a sliding scale fee. Services are designed to meet the needs of the individual. CADREC offers services that satisfy the legal requisites associated with drug offenses as well as DUI, DWAI and domestic violence charges.

### **Programs:**

- Domestic Violence

---

- DUI Level II Education and therapy

---

- Relapse Prevention

---

- SSIC

---

- Cognitive Behavior Therapy

---

- Anger Management

---

- Monitored Sobriety



---

## Colorado Assessment and Treatment Center

**Contact:**

4155 East Jewell Ave., Suite 916  
Denver, CO 80222  
Phone: (303) 757-6019

### Who we are

Colorado Assessment and Treatment Center is a treatment center in Denver, Colorado that focuses on mental health and substance abuse services by providing substance abuse treatment services. The programs offered are designed for persons with mental and substance abuse disorders, adolescents, men, women, DUI / DWI offenders, and criminal justice clients. When selecting a facility consider their target populations; the better the fit, the better the results. The Colorado Assessment and Treatment Center can accommodate spanish speakers.

### Programs:

- Mental Health

---

- Alcohol Treatment

---

- Substance Abuse Treatment

---

## Colorado Moves Counseling Center

**Contact:**

2345 S. Federal Blvd., Ste 130  
Denver, CO 80219  
Phone: (303) 934-7050 ext 100  
Email:  
patti.coloradomoves@gmail.com

### Who we are

Colorado Moves Counseling Center is dedicated to providing quality, compassionate counseling for clients ordered through the judicial system as well as for volunteers.

Our commitment to excellence has been demonstrated through our 20 years of service to the greater Denver Metro area and all surrounding counties.

### Programs:

- Domestic Violence Counseling
- Anger Management Counseling
- Relapse Prevention Counseling
- Level II Education and Therapy for DUI/DWAI
- Parenting Classes
- Individual/Couples/family therapy
- Monitored Sobriety Program
- Mental Health and Substance Abuse Evaluations

---

## Correctional Psychology Associates

**Contact:**

3840 York St, Ste 230  
Denver, CO 80205  
Phone: (720) 854-0262

### Who we are

Correctional Psychology Associates (CPA) has been providing mental health services throughout the criminal justice system since 1998. While we maintain our outpatient headquarters at 3840 York Street in Denver, we provide most of our treatment services at various correctional facilities. We believe taking treatment to the offender, when possible, is the most effective practice because it enhances communication between supervising staff and treatment staff.

We are pleased to provide individual, group, couples and family therapy as well as mental health evaluations, psychological testing, neuropsychological testing, and psychiatric medication management for offenders and their families. We are an approved treatment provider for the Colorado Department of Corrections and DORA licensed for outpatient and enhanced outpatient substance abuse treatment. CPA currently provides mental health assessment and treatment services to Arapahoe, Broomfield, and Jefferson County Detention Facilities as well as various community corrections facilities.

### Programs:

- Substance Abuse
- Enhanced Outpatient (substance abuse)
- Relapse Prevention
- Mental Health
- Cognitive Group
- Anger Management

---

## DAYS - Denver Area Youth Services

**Contact:**

1530 West 13th Ave  
Denver, CO 80204  
Phone: 303-698-2300 Email:  
info@denveryouth.org

### Who we are

Denver Area Youth Services (DAYS) provides comprehensive human services to 2,000 children, youth, and families in the greater Denver area each year, including youth and families involved in the child welfare and juvenile justice systems. Services include home-based family therapy services, foster care, parenting education, outpatient substance abuse treatment, community supervision, case management, and mental health services. Services are designed to support youth and their families to improve their life skills, make healthy choices, strengthen communication and the family system, and build protective factors.

### Programs:

- Family Therapy
- Outpatient Substance Abuse
- Parenting Education Program
- Cuidate (sexual education)
- Foster Care
- PATHS Transitional Services (transition from DYC)
- Proctor Care (for youths who are not able to return home)

---

## Empowerment Program (Women Only)

**Contact:**

1600 York Street  
Denver, CO 80206  
Phone: (303) 320-1989

### Who we are

The Mission of the Empowerment Program (Women Only) is to provide education, employment assistance, health, housing referrals and support services to women who are in disadvantaged positions due to incarceration, poverty, homelessness, HIV/AIDS infection or involvement in the criminal justice system. Our goal is to decrease rates of recidivism by providing care management, support services, basic skills education, housing and resource coordination that can offer viable alternatives to habits and choices that may lead to criminal behaviors.

### Programs:

- Acupuncture

---

- Emotional Awareness (Anger Management)

---

- Changes Group (substance abuse)

---

- Chrysalis Group (trauma/sexual abuse)

---

- Drug & Alcohol Education

---

- GED

---

- Job Readiness

---

- Job Search

---

- Life Skills

---

- Mental Wellness

---

- Project CARES

---

- Relapse Prevention

---

- R.U.G.

---

- Seeking Safety Group

---

- Trauma Narrative

---

- T.R.E.M. (Trauma Recovery and Empowerment Model)

## The Haven (Women Only)

**Contact:**

3732 W. Princeton Circle  
Denver, CO 80236  
Phone: (303) 761-7626  
Admissions: (303) 734-5000

### Who we are

ARTS Adult outpatient treatment programs offer comprehensive drug and alcohol treatment services to individuals whose lives have become unmanageable as a result of substance abuse.

Our goal is to introduce a new way of life.

Our comprehensive network of services range from specialized services for pregnant women to Methadone and Suboxone medication-assisted treatment for opioid dependence. ARTS offers treatment services for individuals who are involved in the criminal justice system and specialized services for individuals who are HIV positive.

The ARTS Adult Outpatient offers specific evidence-based treatment interventions that are demonstrated to be cost-effective for adults with substance abuse and dependence. Services are accessible and convenient, located in four clinics across Denver, Aurora and Lakewood.

All of our outpatient programs are staffed by experienced professionals including certified addictions counselors, licensed social workers, licensed professional counselors,

### Programs:

- Individual, group and family counseling
- Parenting groups
- Health pregnancy education and counseling
- Emotional management counseling
- Medication-Assisted Treatment for opioid dependence
- Medication-Assisted Treatment for alcohol dependence
- Case Management
- Random urine and breath testing
- Motivational Incentives
- Psychiatric assessments and medication management
- Collaboration with medical professionals on the unique needs of pregnant women with substance abuse issues

psychiatrists, physicians and nurses.

- Behavioral therapy

---

- Cognitive Therapy

---

- Coping and life skills training

---

- Group therapy

---

- Family group Therapy

---

- Couples therapy when indicated

---

- Trauma informed care

---

- Gender specific care

---

- Integrated treatment for co-occurring mental health disorders

---

- Medication Assisted Treatment –  
Anatbuse, Methadone, Vivitrol,  
Suboxone

---

- Relapse prevention

---

- Case management

---

- Drug testing/medication monitoring

---

- Off-site 12 step classes

---

- Drug and alcohol abstinence monitoring

---

- Medical evaluation

---

- Psychiatric evaluation

---

- AIDS/HIV screening and counseling

---

- Assistance accessing free or low-cost dental and medical care

---

- Prenatal and postpartum care

---

- GED classes

---

- Employment and vocational services

---

- Financial literacy education

---

- Meal preparation and kitchen sanitation and safety

---

- Household maintenance

---

- Basic computer literacy



---

- Gardening

---

- Recreational and exercise activities and programming

---

- Trauma Informed, culturally sensitive care

---

- Education about pregnancy, parenting, and infant care

---

- Assistance accessing prenatal and postpartum care

---

- Assistance accessing pediatric medical care

---

- Breastfeeding support

---

- Parenting classes

---

- On-site high quality child care and early education services

---

- Nutritional guidance

---

## Healing Life's Pains

**Contact:**

2515 California Street  
Denver, CO 80205  
Phone: (720) 275-3383  
Email: [healinglifespains@yahoo.com](mailto:healinglifespains@yahoo.com)

### Who we are

Healing Life's Pains (HeLP) is a support system that focuses on personal issues and learning behaviors that become habits. We HeLP clients create solutions to live a healthier life.

### Offerings:

Programs at Healing Life's Pains:

- Outpatient Treatment

---

- General Services

---

- One-on-one Counseling

---

- Level II Education and Level II Therapy

---

- Offender Education & Treatment (Non-DUI)

---

- Urine testing and Breathalyzers

---

## Heritage Counseling Center

**Contact:**

1602 S. Parker Rd., #214  
Denver, CO 80231  
Phone: (720) 748-0523

### Who we are

Heritage Counseling Center is committed to addressing today's substance abuse issues from an openly faith-based perspective, while meeting the requirements of the Department of Corrections and the state of Colorado. Groups and counseling integrate faith-based values into every aspect of the education and therapeutic process.

Treatment Focus.

Defining healthy relationships.  
Developing communication skills.  
Using assertiveness appropriately.  
Improving self-esteem & confidence.  
Working through grief & loss issues.  
Learning positive parenting skills.  
Conflict & stress management.  
Establishing healthy boundaries.  
Treatment of post-traumatic stress disorder.  
Understanding the negative consequences of substance use & abuse.  
Creating support network within family, friends, community and church.

### Programs:

- Anger Management

---

- Level I DUI Education

---

- Level II DUI Therapy

---

- Level II Education

---

- Offender Treatment - NON-DUI

---

- Offender Education - NON-DUI

---

- Enhanced Outpatient Treatment

---

## IDEA Charting a New Course

**Contact:**

2560 W. 29th Ave.  
Denver, CO 80211  
Phone: (303) 477-8280  
Email: [bmontano@ideacares.com](mailto:bmontano@ideacares.com)

### Who we are

IDEA Is a counseling center that provides linguistically and culturally appropriate counseling, education, therapy and referral services to prevent and eliminate all forms of abuse. Our mission is to guide individuals and families in addressing behaviors which impede healthy lifestyles and create generational cycles of substance abuse and family violence. IDEA accommodates Spanish Speakers.

### Programs:

- DUI Education and Therapy
- Substance Abuse
- Domestic Violence
- Anger Management
- Adult Responsibility
- Victim Empathy
- Cognitive Behavioral Therapy
- Adolescent Programs
- Monitored Sobriety Program

---

## Independence House

**Contact:**

4101 Pecos Street  
Denver, CO 80211  
Phone: (303) 455-7667

### Who we are

The Independence House mission is to monitor and manage offenders in both residential and non-residential environments, aligning them with treatment and vocational resources to best equip them for eventual community release. The safety of the public at large is paramount. Independence House is committed to taking the time and effort to best ensure this trusted responsibility.

### Programs:

- Vocational Heavy Construction Program

---

- Mentally Ill Chemical Abusers

---

- Sex Offender

---

- Therapeutic Community

## Mile High Behavioral Healthcare

**Contact:**

655 Broadway, #200  
Denver, CO 80203  
Phone: 303-825-8113

### Who we are

Since 1960, our reason for being is to empower individuals to shape healthy, viable, complete lives. We serve with respect, integrity and authenticity to offer safe and stable care. We advocate for the long-term best interests of those with behavioral health issues and we bring people together for a greater understanding of one another.

Founded over 50 years ago as The Mile High Council on Substance Abuse and Mental Health, and today as Mile High Behavioral Healthcare to better reflect our integrated, comprehensive care and services, we provide a caring, seamless continuum of behavioral healthcare to those in need. Mile High Behavioral Healthcare offers accessible and affordable behavioral healthcare and housing, with a variety of focused and diverse services and programs to address an individual's life challenges. To date we are proud to say we have served more than 250,000 individuals. We could not have accomplished this without consistently standing by our principles and mission for the benefit of our programs, our clients, our community.

Everyone is welcome at MHBHC and from the moment you walk through the

### Programs:

- Mental Illness
- Substance Abuse
- Veterans Programs
- Women, men, LGBTQ, Single-Parents, HIV, Youth Programs
- Trauma Programs
- Homeless Programs
- DUI Education
- Relapse Prevention
- Healthy Relationship Training
- Individual/Family/Group Counseling
- Shelter for VA-eligible families and single women
- Shelter for TANF-eligible families
- Emergency Overnight Shelter
- Shelter for Runaway Youth

door we provide a path for you to become strong, healthy and self-sufficient. At MHBHC, we never look away—you are accepted and nurtured in discovering a sense of purpose and possibility. We look—really look—at you and your whole life, your personality, potential, talents and struggles and offer what you need, in one place, every step of the way.

We are here for individuals who are struggling in everyday life. We are here for individuals who need temporary housing. Comprehensive in our care, with an empathetic, dedicated and skilled staff, we are committed to personal transformation for the good of the individual and the good of the community. For over 50 years, we have expanded our services, broadened our programs and continued our work that is life changing.

## Peer I (Men Only)

**Contact:**

3762 W. Princeton Circle  
Denver, CO 80236  
Phone: (303) 761-2885

### Who we are

#### Men's Residential Treatment

Peer I (Men Only) is a 126-bed Therapeutic Community that offers long-term, intensive treatment for men who are addicted to drugs and alcohol. Licensed by the Colorado Alcohol and Drug Abuse Division (ADAD), Peer I (Men Only) is contracted by the Colorado Division of Criminal Justice as a Community Corrections center. Clients are referred from the criminal justice system, a direct judicial sentence, or from a variety of non-criminal justice agencies.

Peer I (Men Only) clients typically stay nine to 12 months in residential treatment, followed by an additional 12 months of outpatient TC treatment services. Long-term outcomes are very positive. In fact, according to the Colorado Division of Criminal Justice, recidivism rates for clients who have successfully completed treatment at Peer I (Men Only) are among the lowest in the state.

Peer I (Men Only) also offers a short-track program that involves a six month stay in residential treatment and four months of outpatient treatment. This program is designed for clients who are not serving a community corrections sentence but could benefit from the structure and support that Peer I (Men Only) provides.

### Programs:

- Extensive assessment and treatment planning
- Milieu therapy
- Group therapy
- Family therapy
- Integrated treatment for co-occurring mental disorders
- Opioid replacement therapy
- Medication therapy, including Antabuse
- Relapse prevention
- Case management
- Drug testing/medication monitoring
- Strategies for Self Improvement Change curriculum
- Medical evaluation
- Psychiatric evaluation
- AIDS/HIV screening and counseling



The Peer 1 (Men Only) day is highly structured from 5:30 a.m. to 10:30 p.m. Clients participate in a variety of milieu activities which rely on behavior modification, contingency management approaches and cognitive strategies to help shape pro-social attitudes, behaviors and enhanced coping skills. Daily activities include in-house job assignments, individual and group sessions, family meetings and educational seminars about addiction and on-going recovery.

Our staff is comprised of licensed professionals and certified addictions counselors from a variety of professional fields.

- 
- Financial counseling
- 
- Coordination of legal information
- 
- Vocational assessment and training
- 
- Onsite GED preparation classes
- 
- Re-socialization skills training
- 
- Referrals to specialized services
- 
- Recreation activities and excursions

---

## Spanish Clinic

**Contact:**

4200 Morrison Rd, Unit 8  
Denver, CO 80219  
Phone: (303) 934-3040  
Email: [acastillo@spanish-clinic.com](mailto:acastillo@spanish-clinic.com)

### Who we are

Spanish Clinic offers treatment that is Cognitive-Behavioral based; as this helps clients restructure their thought patterns and therefore their behavior. Our treatment is also focused on skills building, so the theory can be applied to each individual's life situation.

Spanish Clinic serves in an area that is thought to be in need of bilingual and bicultural services. It is the belief of Spanish Clinic that one of the main venues for change derives from understanding an individual's culture and cultural environment. This agency wants to deliver education and treatment regarding drugs and alcohol in a culturally appropriate environment for all clients. Spanish Clinic offers programs in the areas of addictions and mental health to the general population and to women and minors.

### Programs:

- DWAI/DUI Education - Level I

---

- DWAI/DUI Level II Education and Therapy

---

- Alcohol and Drug Treatment

---

- Level II Education and Level II Therapy

---

- Recovery Planning/Relapse Prevention (12 weeks)

---

- Marijuana Recovery (12 weeks)

---

- Stimulant Recovery (12 weeks)

---

- Parenting Classes (6 weeks)

---

- Anger Management (12 weeks)

---

- Victim Impact Panel (6 weeks)

---

## Transition and Recovery, A Counseling Center

**Contact:**

1181 S. Parker Rd., Suite 104  
Denver, CO 80247  
Phone: (303) 750-0614

### Who we are

We are State Approved Domestic Violence Treatment Providers and Certified Alcohol/Drug Counselors (CACIII).

We are also ADAD approved to provide DUI/DWAI Level I, Level II Ed and Therapy.

We are located at the corner of Mississippi and Parker in the Creekside At Highline office complex.

### Programs:

- Men's DV and Anger Management

---

- Women's DV and Anger Management

---

- Alcohol/Drug Therapy and Relapse Prevention

---

- Parenting Class

---

- Communications Class

---

- DUI/DWAI Class

## Turning Points Mental Health

**Contact:**

5984 S. Prince St.  
Littleton, CO 80120  
Phone: (303) 730-8858

### Who we are

Everyone needs a little help now and then.

The therapists at Turning Points are experienced in dealing with behavioral and emotional issues. They are thoroughly trained, licensed professionals who have earned either masters or doctorate degrees. Our services are available to clients with insurance as well as those who choose to pay out-of-pocket. Meet our therapists.

Turning Points offers:

Confidential therapy and counseling. We provide a variety of therapeutic approaches, including cognitive behavioral therapy (CBT), trauma-informed treatments such as EMDR (eye movement desensitization and reprocessing), and other evidence-based interventions, to individuals, couples, families, seniors, teens and children.

Board-certified psychiatrists

Conveniently located in the same office, our in-house doctors can prescribe medication, if needed, and provide any ongoing medication management.

An extensive referral network

We have access to specialized mental health providers in nearly every area of

### Programs:

- Child, Adolescent & Family>
    - Individual & Family Therapy
  - Group Therapy
  - Psychiatry & Medication
  - Intensive Services
  - Infant & Early Childhood
  - Functional Family Therapy
  - Transitioning to Adulthood
  - Parent Education
- 
- Adults
    - Individual & Family Therapy
  - Group Therapy
  - Psychiatry & Medication
  - Case Management
  - Substance Abuse Treatment

behavioral health, including addiction, residential treatment, victim services, mental health crisis, case management services and more.

Interactive wellness tools from myStrength.com.

If you are interested in utilizing this online self-help resource, ask your therapist or call 303-730-8858 to receive an access code.

- Rehabilitation & Recovery

---

- Adults Ages 18 - 24

---

- Adults 60+

---

- Primary Care Clinic

---

- Rehabilitation & Recovery

- Psychiatry & Medication

---

- Intensive Home Services

---

- Turning Points Counseling

---

- Substance Abuse Treatment

---

- Bridge ATU - Acute Treatment Unit

---

# Who We Are

Mountain Legal | Addiction and Mental Health Resources

## + Mountain Legal helps people Navigate the Criminal Court Process

**Mountain Legal provides representation for those accused of criminal actions in Colorado.**

Additionally, Mountain Legal helps provide resources to the legal community that streamline the criminal process and help individuals to understand the steps in the criminal process.

There are three over-arching goals at Mountain Legal.

The first is to help individuals who are facing criminal charges. Criminal defense will always be about helping individuals who are facing difficult situations.

The second is to bring clarity and insight to the criminal justice system. Too often, people facing charges feel lost in the criminal system. The court process does not have to be this way. Mountain Legal provides clear explanations about how the system actually works.

The third is to support the United States Constitution and the rights of the individual when facing the tyranny of the State.

### Ways we Help Attorneys:

- Receive Text and Email Reminders before Each Court Date at [courtreminder.com](http://courtreminder.com)
- Detailed Information on Previous Denver Cases
- Informational Guides on Resources in the Denver Area

### Ways we Help Defendants:

- Free Consultations
- Sliding Scale Representation based on Income
- Affordable Payment Plans
- Dedicated Representation

# **+ Mountain Legal**

[www.mtnlegal.com](http://www.mtnlegal.com) | [nbaca@mtnlegal.com](mailto:nbaca@mtnlegal.com) | (303) 862-1061